






For Youth Development  
For Healthy Living  
For Social Responsibility

# GYMNASTICS CAMP 2017

## WEEK ONE and WEEK TWO June 26 – July 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
26  <b>WEEK 1</b>  Swim Orientation Camp Rules Group Games New Names & Faces  <b>FIRST DAY OF CAMP!</b>	27  Lunch forms handed out	28	29  Last day to order Friday lunch!	30  <b>Spirit Day!</b> Show your 4 <sup>th</sup> of July Spirit! Full day campers will create visors during the week at camp but are encouraged to dress up and be creative.  Pizza Friday 	<ul style="list-style-type: none"> <li>✓ Full and Half day campers must bring a bagged lunch every day unless they are participating in Pizza Friday!</li> <li>✓ Lunches will be refrigerated</li> <li>✓ Full day campers swim every day, half day campers do not swim</li> <li>✓ Full day campers please pack an extra snack for our afternoon break</li> </ul>
3  <b>WEEK 2</b>	4  <b>NO CAMP!</b>  	5  Lunch forms handed out	6  Last day to order Friday lunch!	7  <b>Superhero Day!</b> We will be creating superhero masks during the week, but campers are encouraged to dress up as their favorite super hero.  Pizza Friday 	

\* Activities and programs may change at the camp director's discretion.

Please plan to send a packed lunch every day along with a drink and snack. The Y does not provide meals during the camp day.

**Questions?** Please don't hesitate to ask! Contact our Camp Director, Melissa Lewis at [melissalewis@ryeymca.org](mailto:melissalewis@ryeymca.org)



**Everyday Items:** Big smile, backpack, **lunch**, water bottle, snack, towel, swimsuit, goggles (for full day campers), and a good attitude.



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## WEEK THREE and WEEK FOUR July 10 → July 21

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
10  <b>WEEK 3</b>	11  Lunch forms handed out  Photo forms handed out for Picture Day on 7/14	12	13  Last day to order Friday lunch!  Please return your photo order form.	14 – <b>PICTURE DAY</b>  <b>Pajama Friday!</b> Have your gymnast wear their favorite pajamas to camp! Please wear or bring your gymnastics clothes.  Pizza Friday 	<ul style="list-style-type: none"> <li>✓ Full and Half day campers must bring a bagged lunch every day unless they are participating in Pizza Friday!</li> <li>✓ Lunches will be refrigerated</li> <li>✓ Full day campers swim every day, half day campers do not swim</li> <li>✓ Full day campers please pack an extra snack for our afternoon break</li> </ul>
17  <b>WEEK 4</b>	18  Lunch forms handed out	19  <b>Camp Event:</b> Full Day Campers will have their face painted by Christopher Agostino from Transformation Facepainting	20  Last day to order Friday lunch!	21  <b>Sunglasses Day!</b> We will be making sunglasses in camp during the week but you are encouraged to add your own flair at home!  Pizza Friday 	

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## WEEK FIVE and WEEK SIX July 24 → August 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
24 <b>WEEK 5</b>	25 Lunch forms handed out	26	27 Last day to order Friday lunch!	28 <b>Hat Day!</b> We will be making hats in camp during the week but feel free to add to it at home to make it the craziest ever! Be creative and you might be able to win a prize!  Pizza Friday 	<ul style="list-style-type: none"> <li>✓ Full and Half day campers must bring a bagged lunch every day unless they are participating in Pizza Friday!</li> <li>✓ Lunches will be refrigerated</li> <li>✓ Full day campers swim every day, half day campers do not swim</li> <li>✓ Full day campers please pack an extra snack for our afternoon break</li> </ul>
31 <b>WEEK 6</b>	1 Lunch forms handed out	2	3 Last day to order Friday lunch!	4 <b>Creative Shirt Day!</b> Please have your gymnasts create or wearing their favorite/ craziest shirt!  Pizza Friday 	

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## WEEK SEVEN and WEEK EIGHT August 7 → August 18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
7  <b>WEEK 7</b>	8  Lunch forms handed out	9	10  Last day to order Friday lunch!	11  <b>Crazy Sock Day!</b> We will be making tie dye socks during the week but you can add to them for crazy sock day!  Pizza Friday 	<ul style="list-style-type: none"> <li>✓ Full and Half day campers must bring a bagged lunch every day unless they are participating in Pizza Friday!</li> <li>✓ Lunches will be refrigerated</li> <li>✓ Full day campers swim every day, half day campers do not swim</li> <li>✓ Full day campers please pack an extra snack for our afternoon break</li> </ul>
14  <b>WEEK 8</b>	15  Lunch forms handed out	16	17  Last day to order Friday lunch!	18  <b>CARNIVAL</b> Campers will enjoy gymnastics and contests in the morning and carnival fun in the afternoon  <b>Crazy Hair Day!</b> Come to camp with your craziest hair!  Pizza Friday 	

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