



## WEEK 1 and 2 June 29 → July 10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
June 29  <b>WEEK 1 Basketball</b>  Swim Orientation Camp Rules Group Games New Names & Faces Rec Swim Sports Groups 2,3	June 30  <b>3on3 Competition</b>  Swim Groups 1,2,3	July 1  <b>Fan Day!</b> Wear your favorite Basketball swag!  Swim Group 1	July 2  Swim Groups 2,3	July 3  <b>All Camp Guest:</b> TBD  Swim Group 1	<ul style="list-style-type: none"> <li>✓ Please apply sunscreen to your camper before camp</li> <li>✓ Do not bring electronic devices to camp!</li> <li>✓ Don't forget to bring a refillable water bottle</li> </ul>
July 6  <b>WEEK 2 Soccer</b>	July 7  Swim Groups 1,2,3	July 8  <b>Fan Day!</b> Wear your favorite Basketball Swag!  Swim Group 1	July 9  <b>SHOOT OUT COMPETITION</b>  Swim Groups 2,3	July 10  <b>All Camp Event:</b> TBD  Swim Group 1	

\* Activities and programs may change due to weather or at the camp director's discretion.

Please plan to send a packed lunch every day along with a drink and snack. The Y does not provide meals during the camp day.

**Questions?** Please don't hesitate to ask!  
Tatum Nussbaum, Sports Camp Director:  
TatumNussbaum@ryeymca.org

**Everyday Items:** Big smile, backpack, **lunch**, water bottle, snack, towel, swimsuit, goggles, close-toed shoes or sneakers, a good attitude.



For Youth Development  
For Healthy Living  
For Social Responsibility

# 2020 SPORTS CAM

## WEEK 3 and 4 July 13 → July 24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
July 13  <b>WEEK 3 FLAG FOOTBALL</b>   Rec Swim Groups 2,3	July 14  <b>Competition Throw, Punt, Place Kick</b>   Rec Swim Groups 1,2,3	July 15  <b>Fan Day!</b> Wear your favorite baseball swag!   Rec Swim Group 1	July 16  <b>Super Bowl Tournament</b>   Rec Swim Groups 2,3	July 17 <b>All Camp Event: TBD</b>   <b>PICTURE DAY</b>   Rec Swim Group 1	<ul style="list-style-type: none"> <li>✓ Please apply sunscreen to your camper before camp</li> <li>✓ Do not bring electronic devices to camp!</li> <li>✓ Please bring a baseball glove this week for camp, baseball cleats are not required</li> <li>✓ Don't forget to bring a refillable water bottle</li> </ul>
July 20  <b>WEEK 4 Multi- Sport</b>   Rec Swim Groups 2,3	July 21    Rec Swim Groups 1,2,3	July 22  <b>Fan Day!</b> Wear your favorite sports jersey!   Rec Swim Group 1	July 23  <b>MULTI SPORT Capture the Flag!</b>   Rec Swim Groups 2,3	July 24  <b>All Camp Event: TBD</b> Rec Swim Group 1	

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# 2020 SPORTS CAM

## WEEK 5 and 6 July 27 → August 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
July 27  <b>WEEK 5</b> <b>Basketball</b>  Rec Swim Groups 2,3	July 28  Rec Swim Groups 1,2,3	July 29  <b>Fan Day!</b> <i>Wear your favorite basketball swag!</i>  Rec Swim Group 1	July 30  <b>3-on-3 Basketball Tournament</b>  Rec Swim Groups 2,3	July 31  <b>All Camp Guest: TBD</b>  Rec Swim Group 1	<ul style="list-style-type: none"> <li>✓ Please apply sunscreen to your camper before camp</li> <li>✓ Do not bring electronic devices to camp!</li> <li>✓ Don't forget to bring a refillable water bottle</li> </ul>
August 3  <b>WEEK 6</b> <b>Soccer</b>  Rec Swim Groups 2,3	August 4  Rec Swim Groups 1,2,3	August 5  <b>Fan Day!</b> <i>Wear your favorite soccer swag!</i>  Rec Swim Group 1	August 6  <b>SHOOT OUT COMPETITION</b>  Rec Swim Groups 2,3	August 7  <b>All Camp Guest: TBD</b>  Rec Swim Group 1	<ul style="list-style-type: none"> <li>✓ Please apply sunscreen to your camper before camp</li> <li>✓ Do not bring electronic devices to camp!</li> <li>✓ Don't forget to bring a refillable water bottle</li> <li>✓ Cleats are not necessary but are allowed</li> </ul>

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# 2020 SPORTS CAM

# WEEK 7 August 10 → August 14

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
August 10  <b>WEEK 7 Multi-Sport</b>   Swim Groups 2,3	August 11     Swim Groups 1,2,3	August 12  <b>Fan Day!</b> Wear your favorite baseball swag!   Swim Group 1	August 13   <b>MULTI SPORT Capture the Flag!</b>   Swim Groups 2,3	August 14   <b>End of Summer BBQ and Carnival</b>   Swim Group 1	<ul style="list-style-type: none"> <li>✓ Please apply sunscreen to your camper before camp</li> <li>✓ Do not bring electronic devices to camp!</li> <li>✓ Please bring a baseball glove for camp, baseball cleats are not required</li> <li>✓ Don't forget to bring a refillable water bottle</li> </ul>

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