



GYMNASTICS CAMP

<p>Camp Hours: (camp dates: June 28-August 20)</p> <p>Gymnastics Camp is located at the Rye Y: 21 Locust Ave, Rye NY 10580</p> <p>Half Day Camp: Monday- Friday 9:00am-1:00pm</p> <p>Full Camp Day: Monday – Friday from 9:00am-4:00pm Drop off time: 8:45am-9:15am Pick up time half day: 12:45-1:00pm Pick up time Full Day: 3:45pm-4:00pm</p>	<p>Swimming:</p> <p>Tentative and can change when new guidance is received.</p> <p>Gymnastics camp FULL DAY campers swim 2x per week (structured recreational swim, not lessons) Only beginner swimmers receive lessons (red cap swimmers)</p> <p>Aquatic Supervision Ratios: 1:3 beginners, 1:6 intermediate</p> <p>Safety (ACA and DOH regulations)</p> <p>Campers have a swim evaluation conducted on their first day of camp</p> <p>Campers receive a color-coded swim cap based on their swim level</p> <p>Buddy checks conducted every 15 minutes</p> <p>Half day campers do not swim</p>	<p>Staff:</p> <p>The camp staff at the Rye Y is comprised of college, post-college and exceptional high school students. We are an American Camp Association accredited camp, we have a standard to hold our staffing structure to 80% of our staff being age 18+ (only 20% of our staff are ages 16-17). Our staff goes through a rigorous hiring process, including background and reference checks. We also run a lengthy staff training and development program, focusing on coping skills to anticipate every possible circumstance from emergencies to homesick campers. Leadership staff receive RTE, CPR, AED, EPI Pen, and First Aid training. Many others are certified as lifeguards and activity specialists. Our staff strive to make every camper feel comfortable and welcome in our daily programs</p> <p>All lead gymnastics staff are USAG Safety Certified</p>
<p>Drop Off & Pick Up:</p> <p>Drop off: 8:45am-9:15am</p> <p>Please stay in your car and pull up to the circle in front of the Rye Y, camp staff will greet your camper in vehicle. All campers will need to go through a screening process before they are taken out of the car.</p> <p>If you have questions, please make an appointment with the camp director.</p> <p>Pick Up:</p> <p>Please stay in your car and pull into the circle in front of the Rye Y, camp staff will assist your child getting into the car.</p> <p>12:45pm-1:00pm -Half Day Campers 3:45pm-4:00pm (Full Day Campers if not doing extended care)</p>	<p>Lunch:</p> <p>All Campers: Must pack a lunch and drink. We eat lunch from 12:15-1:00pm.</p> <p>Allergies</p> <p>We are "nut sensitive" and ask that campers do not bring foods that contains nuts / in the ingredients. We do however separate campers with allergies when needed.</p> <p>Lunch Information:</p> <p>Health and Balanced Lunches ONLY</p> <p>Please avoid candy, soda, etc.</p>	<p>Ratios:</p> <p>Campers will be placed in “PODS” of no more than 15</p> <p>5 years & younger - 1:6 counselor to camper ratio 6-8 years- 1:8 counselor to camper ratio 9-14 years- 1:10 counselor to camper ratio</p>
<p>Extended Care:</p> <p>AM Extended Care: Monday- Friday from 8:00am-9:00am (please note you must register your child to participate in the extended care program). Important: you must park your car and walk your child into the lobby.</p> <p>PM Extended Care: Monday -Friday from 4:00pm-6:00pm (please note you must register your child to participate in the extended care program). Light snack is provided to campers. Important: extended care is at the Rye Y and is until 6:00pm. You must park your car and walk into the building to retrieve your camper. (no transportation to the Resurrection site)</p>	<p>What to Pack: (please label everything)</p> <p>2 masks (one on and an extra one kept in a Ziploc bag)</p> <p>swimsuit</p> <p>towel</p> <p>goggles</p> <p>lunch/ snack (all campers)</p> <p>a plastic bag (wet bathing suit)</p> <p>spare change of clothes</p> <p>water bottle (one that they can refill throughout day)</p> <p>hat</p> <p>Female campers should wear a leotard / Male campers comfortable clothes</p> <p>No jewelry</p>	<p>Resources:</p> <p>Resources:</p> <p>Please visit our camp website www.ryeycamp.org to view the following: summer camp parent handbooks, camper health forms, Y Cares application, payment plan forms and much more!</p> <p>2021 Summer Camp Meet the Directors: Registration required</p> <p>Wednesday, February 3 (6:00pm-7:00pm) zoom meeting</p> <p>Wednesday, May 5 (6:00pm-7:00pm)</p> <p>Specifically designed for parents/guardians of perspective and registered camp families</p>