



GYMNASTICS CAMP

<p>Camp Hours: (camp dates: June 26-August 18)</p> <p>Gymnastics Camp is located at the Rye Y: 21 Locust Ave, Rye NY 10580</p> <p>Half Gymnastics Camp: Monday- Friday 9:00am-1:00pm</p> <p>Full Camp Day: Monday – Friday from 9:00am-4:00pm Drop off time: 8:45am-9:15am Pick up time half day: 12:45-1:00pm Pick up time Full Day: 3:45pm-4:00pm</p>	<p>Swimming:</p> <p>Gymnastics camp FULL DAY campers swim 3 days a week (structured recreational swim, not lessons) Only beginner swimmers receive lesson cap swimmers)</p> <p>Aquatic Supervision Ratios: 1:3 beginners, 1:6 intermediate Safety (ACA and DOH regulations) Campers have a swim evaluation conducted on their first day of camp Campers receive a color-coded swim cap based on their swim level Buddy checks conducted every 15 minutes</p> <p>Half day campers do not swim</p>
<p>Drop Off & Pick Up:</p> <p>Drop off: 8:45am-9:15am Play stay in your car and pull up to the circle in front of the Rye Y, camp staff will greet your camper in vehicle. If you have questions, please pull into a parking spot and walk onto camp with your camper.</p> <p>Pick Up: 12:45am-1:00pm -Half Day Campers 3:45pm-4:00pm (Full Day Campers if not doing extended care)- Play stay in your car and pull up to the circle in front of the Rye Y, camp staff will put your camper in the vehicle. Please do not arrive before 3:45 as we have 2 camps dismissing.</p>	<p>Lunch:</p> <p>All Campers: Must pack a lunch and drink. We eat lunch from 12:15-1:00pm Full day camper: please pack a snack for our afternoon snack break.</p> <p>Allergies We are "nut sensitive" and ask that campers do not bring foods that contain nuts / in the ingredients. We do however separate campers with allergies when needed.</p> <p>Lunch Information: Health and Balanced Lunches ONLY Please avoid candy, soda, etc.</p>
<p>Extended Care:</p> <p>AM Extended Care: Monday- Friday from 8:00am-9:00am (please note you must register your child to participate in the extended care program). Important: you may drop off your camp in the circle from 7:55-8:10am after that please park and walk your child up to the gym.</p> <p>PM Extended Care: Monday -Friday from 4:00pm-6:00pm (please note you must register your child to participate in the extended care program). Light snack is provided to campers. Important: extended care is at the Rye Y and is until 6:00pm. You must park your car and walk into the building to retrieve your camper. (no transportation to the Osborn site)</p>	<p>What to Pack: (please label everything)</p> <ul style="list-style-type: none">Swimsuit (one piece)TowelGogglesLunch/ snack (all campers)Plastic bag (for wet bathing suit)Spare change of clothesWater bottle (one that they can refill throughout the day)Sun block and a hatFemale campers should wear a leotard / Male campers comfortable clothingNo jewelry