







For Youth Development  
For Healthy Living  
For Social Responsibility

# GYMNASTICS CAMP

## WEEK ONE and WEEK TWO June 28 → July 9

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
28  <b>WEEK 1</b>  Swim Orientation Camp Rules Group Games New Names & Faces  <b>EVERYONE'S BIRTHDAY WEEK</b>	29	30   <b>Full Day Swim</b>	1	2  <b>HAPPY BIRTHDAY!</b> Campers are encouraged to dress in red, white, and blue, to celebrate 4 <sup>th</sup> of July!   <b>Full Day Swim</b>	<ul style="list-style-type: none"> <li>✓ Full and Half day campers must bring a bagged lunch every day. Lunches will be refrigerated.</li> <li>✓ Full day campers swim 2x per week half day campers do not swim</li> <li>✓ Full day campers please pack an extra snack for our afternoon break</li> </ul>
5  <b>WEEK 2</b>  <b>FAVORITE DECADES WEEK</b>	6	7   <b>Full Day Swim</b>	8	9  <b>BLAST FROM THE PAST</b> Campers are encouraged to dress as their favorite decade.   <b>Full Day Swim</b>	

\* Activities and programs may change at the camp director's discretion.





Questions? Please don't hesitate to ask! Contact our Camp Director, Melissa Lewis at [melissa@ryeymca.org](mailto:melissa@ryeymca.org)



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## WEEK THREE and WEEK FOUR July 12 → July 23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
12  <b>WEEK 3</b>  <b>SUPERHERO WEEK</b>	13	14   <b>Full Day Swim</b>	15	16  <b>UP, UP, AND AWAY!</b> Campers are encouraged to dress as a superhero!   <b>Full Day Swim</b>	<ul style="list-style-type: none"> <li>✓ Full and Half day campers must bring a bagged lunch every day. Lunches will be refrigerated.</li> <li>✓ Full day campers swim every day, half day campers do not swim</li> <li>✓ Full day campers please pack an extra snack for our afternoon break</li> </ul> <div style="border: 1px solid black; padding: 5px; display: inline-block; margin-top: 10px;"> <b>Camp Photo Day 7/16</b> </div>
19  <b>WEEK 4</b>  <b>FESTIVAL WEEK</b>	20	21   <b>Full Day Swim</b>	22  Special Guest TBD	23  <b>KIDCHELLA</b> Campers are encouraged to dress as festive as possible! <b>Dance Party today!!!</b>   <b>Full Day Swim</b>	





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# GYMNASTICS CAMP

## WEEK FIVE and WEEK SIX July 26 → August 6





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
26  <b>WEEK 5</b>  <b>CAMP OLYMPICS</b>	27	28   <b>Full Day Swim</b>	39	30  <b>THIS MOMENT IS OURS</b> Campers are encouraged to represent their favorite country <b>Water Games today!</b>   <b>Full Day Swim</b>	<ul style="list-style-type: none"> <li>✓ Full and Half day campers must bring a bagged lunch every day. Lunches will be refrigerated.</li> <li>✓ Full day campers swim 2x a week, half day campers do not swim</li> <li>✓ Full day campers please pack an extra snack for our afternoon break</li> </ul> <p>Please bring sun screen, bathing suit and water shoes (if you have). We will be outside 8/6.</p>
2  <b>WEEK 6</b>  <b>UNDER WATER WEEK</b>	3	4   <b>Full Day Swim</b>	5	6  <b>IT'S O-FISH-ALLY SUMMER!</b> Campers are encouraged to dress as their favorite underwater sea animal!   <b>Full Day Swim</b>	

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# WEEK SEVEN and WEEK 8 August 9 → August 20

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
<p>9</p> <p><b>WEEK 7</b></p> <p><b>COLOR WARS</b></p>	<p>10</p>	<p>11</p> <div style="text-align: center;">  <p><b>Full Day Swim</b></p> </div>	<p>12</p>	<p>13</p> <div style="text-align: center;">  <p><b>Full Day Swim</b></p> </div>	<ul style="list-style-type: none"> <li>✓ Full and Half day campers must bring a bagged lunch every day. Lunches will be refrigerated.</li> <li>✓ Full day campers swim every day, half day campers do not swim</li> <li>✓ Full day campers please pack an extra snack for our afternoon break</li> </ul>
<p>16</p> <p><b>WEEK 8</b></p> <p><b>HAWAIIAN WEEK</b></p>	<p>17</p>	<p>18</p> <div style="text-align: center;">  <p><b>Full Day Swim</b></p> </div>	<p>19</p>	<p>20</p> <p><b>A HUI HOU- UNTIL WE MEET AGAIN</b>            Campers are encouraged to dress up for a luau!</p> <div style="text-align: center;">  <p><b>Full Day Swim</b></p> </div>	

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